



# YAMYOGA STUNDENPLAN

gültig ab 12.09.2011 · Änderungen vorbehalten

	MONTAG	DIENSTAG	MITTWOCH	DONNERSTAG	FREITAG	SAMSTAG	SONNTAG
<b>10.30–12.00</b>		<b>Yam 1/2</b> Gaby			<b>Yam 1/2</b> Laurie	<b>Yam 1</b> Tanja	<b>Technik</b> Victoria
<b>12.30–13.15</b>	<b>Lunch</b> Lesja	<b>Lunch</b> Gaby	<b>Lunch</b> Regina	<b>Lunch</b> Lesja			
<b>12.30–14.00</b>						<b>Yam 2</b> Tanja	
<b>14.00–15.30</b>					<b>Mami + Baby</b> Helga		
<b>16.00–17.30</b>					<b>Pränatal</b> Helga		
<b>17.00–18.30</b>	<b>Yam 2</b> Manfred	<b>17.00–18.00</b> <b>Yam Kids</b> Helga	<b>Yam 1/2</b> Laurie	<b>Yam 2</b> Tanja			
<b>17.30–19.00</b>					<b>18.00–19.30</b> <b>Yam 2</b> Regina	<b>Yam 1/2</b> Lesja	<b>Yam 2</b> Regina
<b>18.45–20.15</b>	<b>Yam 1/2</b> Bärbel	<b>Yam 1</b> Regina	<b>Yam 2</b> Regina	<b>19.00–20.30</b> <b>Yam 1/2</b> Regina			
<b>20.15–21.45</b>	<b>Yam 1</b> Lesja	<b>Yam 2</b> Sabine	<b>Yam 1</b> Sabine				